

**Suggested Use:** 3 or more capsules daily with meals. This product can be further enhanced with the use of the *ULTRA Multi* or one of the other Altrum multis.

A revolutionary mineral complex of calcium, magnesium and other minerals and nutrients.†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place.



# ALTRUM®



**Ultra  
Calcium  
Complex**  
Dietary Supplement  
90 Capsules

## Supplement Facts

Serving Size 3 capsules  
Servings per Container 30

	Amount per Serving	% Daily Value
Vitamin D (as cholecalciferol)	200 IU	50%*
Calcium (as calcium carbonate, citrate, aspartate)	500 mg	50%*
Magnesium (as magnesium oxide, citrate, aspartate)	200 mg	50%*
Selenium (as selenium AAC)	50 mcg	71%*
Chromium (as chromium AAC)	50 mcg	42%*
Boron (as citrate)	3 mg	**
Proprietary Mineral Support Blend	140 mg	**
L-glutamic acid, L-arginine, L-lysine, phytase		

\* Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other ingredients: Rice flour, gelatin capsule (gelatin and water) calcium stearate.

**Distributed by ALTRUM Nutrition Div.  
of AMSOIL INC.**

Superior, WI 54880 (715) 392-7101

Product Code **DUC-01**