## PRODUCT INFORMATION

One tablet typically provides: %RDA\*
Niacin 1.8mg NE 11
Chromium 200µg 500

\*RDA = Recommended Daily Allowance

INGREDIENTS: Bulking agent: natural Lithothamnion colcarea; anti-caking agent: magnesium stearate\*; anti-caking agent: silicon dioxide; zein protein coating, niacinamide powder, chromium picolinate. \*(vegetarian source)

**DOES NOT CONTAIN:** sugar, soya, wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.



Charitable organisations policy: supplements regularly donated

## HIGHER NATURE®

## **CHROMIUM**

for maintenance of blood glucose 200µg

90 tablets VEGAN FOOD SUPPLEMENT

## CHROMIUM 200µg 90 tablets

 Chromium contributes to the maintenance of normal blood glucose levels.

DIRECTIONS: Take 1 tablet a day, with a meal (children over 8 years, 1 tablet every other day), or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

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This bottle has a UV filter.

Rep out of reach of children.

Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com