

**PRODUCT INFORMATION**

1/4 level teaspoon typically provides:  
L-Glutamine

900mg

**INGREDIENTS:** L-Glutamine.

Glucose is used in the manufacture of the L-Glutamine.

**DOES NOT CONTAIN:** sugar, salt, starch, soya, wheat, gluten, maize, corn, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Hypo-allergenic formula.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Charitable organisations policy: supplements regularly donated

# HIGHER NATURE®

## GLUTAMINE POWDER amino acid

200g  
VEGETARIAN  
FOOD SUPPLEMENT

## GLUTAMINE amino acid powder

**DIRECTIONS:** Take between 1/4 teaspoon and 1 1/4 level teaspoons (children over 8 years, 1/4 teaspoon; over 10 years, as adults), 1-3 times a day, half an hour before meals, or as your health professional advises. Do not exceed recommended daily intake. Stir into cold water or juice and drink immediately, or for children can be sprinkled onto cold food.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Suggested uses:**

After alcohol  
After painkillers  
Before mental exertion  
During convalescence  
During recovery from food intolerance

**Do not refrigerate**

This bottle has a UV filter.  
Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK

200g  
GLP200

110



GLP-039-02

