

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Calcium & Magnesium are essential for healthy bones, teeth and muscle function.* Both include an advanced chelate complex for optimal absorption. **Vitamin D** assists in the proper transport and retention of calcium.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Calcium, Magnesium & Vitamin D are carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

Nature's Way

QUALITY

Calcium Mag & D COMPLEX



BONES & MUSCLES*

250 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 83

Amount Per Serving	% Daily Value	
Total Carbohydrate	<1 g	<1%†
Vitamin D3 (as Cholecalciferol)	200 IU	50%
Calcium (as Calcium carbonate/citrate/malate)	500 mg	50%
Magnesium (as Magnesium oxide/citrate/aspartate)	250 mg	63%

†Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium stearate

Nature's Way® Calcium, Magnesium & Vitamin D contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar, soy or corn.

Actual Capsule Size

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Green Bay, WI 54311 USA

