


 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*

 **Milk Thistle Extract** (*Silybum marianum*) is standardized to **80% Silymarin**, the key constituent that exerts a protective effect to the liver.\*

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Milk Thistle Extract is carefully tested and produced to certified quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

Actual Capsule Size



LN15171.801  
(BLK8029B)



\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

Nature's  
Way

EXTRACT

# Milk Thistle

Standardized



vegetarian  
VCAPS®

60 Vcaps® / 80% Silymarin

DIETARY SUPPLEMENT

**Recommendation:** Take 1 capsule three times daily with food or water.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

Amount Per Serving	% Daily Value
Milk thistle extract (seed), 80% Silymarin	175 mg **
Blessed thistle (stem, leaf, flower)	120 mg **

\*\*Daily Value not established.

Other ingredients: Plant-derived capsule, Cellulose

**Did you know?** Nature's Way® Standardized Milk Thistle extract is a technically advanced herbal product. Standardization assures specific, measurable levels of important compounds that provide beneficial activity in the body.

Vcaps® is a trademark of Capsugel.

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