
 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.<sup>®</sup>*

 **Glucomannan** (*Amorphophallus konjac*) contains naturally occurring dietary fiber from the root of the konjac plant. It is an excellent addition to a sensible weight loss program.\*

**Caution:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Glucomannan root is carefully grown, tested and produced to superior quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN13675.A03  
(BLK8277A)



\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Glucomannan

## Konjac Root



vegetarian  
**VCAPS**

100 Vcaps<sup>®</sup> / Certified 665 mg

DIETARY SUPPLEMENT

**Recommendation:** Take 3 capsules with at least 8 oz (a full glass) of water approximately 20 minutes before mealtime.

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 33

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	2 g	8%†
Glucomannan ( <i>Konjac root</i> )	1.99 g (1,995 mg)	**

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other ingredients: Plant-derived capsule, Magnesium stearate

Vcaps<sup>®</sup> is a registered trademark of Capsugel.  
Nature's Fiber<sup>®</sup>

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