

## Energy Source • 62% MCTs

- 2.5 g medium chain fatty acids (MCTs) per serving
- Used by the body to produce energy\*
- Ideal for healthy lifestyles, exercise and weight loss programs\*

## Extra Virgin, Cold-Pressed Oil

- Made from non-GMO coconuts
- Non-hydrogenated; No trans fat
- Unrefined; Non-bleached; Hexane-free

**NOTE:** Coconut oil in softgels may solidify below 76° F and change in appearance. This is normal and will not affect product quality. **SATISFACTION GUARANTEED.** Safety sealed with printed outer shrink wrap and printed inner freshness seal. Do not use if either seal is broken or missing. Keep out of reach of children. Store in a cool, dry place.

**\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

◆ LN10009.02 BLK8801



# Coconut Oil

## PURE EXTRA VIRGIN

### Energy Source 1,000 mg



## Recommendation:

Take 4 softgels daily with meals.

## Supplement Facts

Serving Size 4 Softgels

Servings per Container 30

Amount Per Serving	% Daily Value	
Calories	45	
Calories from Fat	35	
Total Fat	4 g	6%†
Saturated Fat	3.5 g	18%†
Polyunsaturated Fat	<0.5 g	**
Monounsaturated Fat	<0.5 g	**
Organic Extra Virgin	4 g (4,000 mg) **	
Coconut Oil providing 62% MCTs	(2,484 mg):	
Lauric Acid	1,902 mg;	
Caprylic Acid	298 mg;	
Capric Acid	284 mg	

†Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: Gelatin (softgel), Glycerin, Purified Water

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**GLUTEN-FREE.** No artificial preservatives.

62% MCTs • DIETARY SUPPLEMENT • 120 SOFTGELS