

**RELOAD** is your primary OFFENSE for lean muscle protection and recovery.\*\* Specifically designed for hardcore athletes and serious bodybuilders, **RELOAD's** precisely calculated ratios of ingredients annihilates catabolic muscle damage by topping-off amino acid pools and accelerating muscle recovery, prior to and immediately following intense training and exercise.\*\* Maximizing your body's amino acid reserves prevents deterioration of hard-earned muscle mass, in turn reducing muscle fatigue, and extending energy/endurance levels. Much like any high powered artillery, **RELOAD** zeroes in on targeted muscles that require immediate replacement of crucial amino acids that help keep the body operating in the anabolic zone.\*\*

**RELOAD's** bioengineered blend of Branched Chain Amino Acids (BCAAs), L-Glutamine, and beta-alanine are delivered exponentially to the muscle through a sophisticated "super soluble" form for quick absorption with maximum bioavailability and nitrogen retention.\*\*

BCAAs (L-Leucine, L-Isoleucine & L-Valine) make up a whopping 33% of skeletal muscle and are more importantly 3 of the 9 essential amino acids required through diet. Additionally, they have tremendous importance related to their preferred use in metabolic energy production and the rebuilding of damaged muscle.\*\* L-Glutamine is the most abundant non-essential amino acid found in the body. This critical amino acid is not only required for skeletal muscle tissue, it helps improve gut mucosa integrity, and even helps the detoxification process by supporting glutathione peroxidase production.\*\* Supplementation of these critical nutrients abate the downward spiral of muscle damage/loss due to exercise and metabolic catabolism.\*\*

Beta-alanine plays a crucial role in diminishing free ion damage (pH shifts) during and, more importantly, immediately following exercise.\*\* Vitamin B6 functions as a vitamin co-factor for metabolism and conversion (transamination) of amino acids into nitrogen compounds, as the body requires.\*\*

Remember: the best defense is a powerful OFFENSE. Why let your hard-earned muscle gains disappear when you can attack catabolism...arm yourself with **RELOAD** now!

\*\*This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

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Best if used by: (See Bottom)



SUPER-SOL™ BCAA+G

**RELOAD™**

OPTIMIZES MUSCLE RECOVERY\*\*  
MAINTAINS LEAN BODY MASS\*\*



Watermelon

Dietary Supplement

Net Weight: 29.6 oz. (840g)

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**RELOAD Super Soluble** delivery system is designed to be conveniently added to bottled water or lightly flavored drinks. Consume prior to workout, but more importantly **RELOAD** immediately following exercise!!

**Directions:** Add 3 level scoops to 10 ounces of water and mix well.

**Supplement Facts**

Serving Size 3 Scoop (approx. 14 grams)  
Servings Per Container - 60

Amount Per Serving		% Daily Value*
Protein	9g	15%
Vitamin B6 (pyridoxine HCl)	2mg	100%
L-Leucine	3750mg	†
L-Glutamine	3000mg	†
L-Valine	2250mg	†
L-Isoleucine	1500mg	†
Beta-Alanine	500mg	†

\*Percent Daily Value based on a 2,000 calorie diet.  
†Daily Value not established.

**Ingredients:** Instantized Branched Chain Amino Acid Powder (L-leucine, L-Valine, and L-Isoleucine), L-Glutamine, Natural & Artificial Flavors, Citric Acid, Silicon Dioxide, Beta-Alanine, Sucralose, Acesulfame K, Red Beet Powder, and Pyridoxine HCl.

Contains **NO** egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

*This product is manufactured in a facility that produces other products and may contain trace amounts of milk or soy.*

Formulated by & Manufactured for:  
MRM  
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA  
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