

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.  
MBP® is registered in the U.S.A. by MEGMILK SNOW BRAND  
Co., Ltd. U.S. Patent No. 5,932,259.

For More Information:  
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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222



GNC

# Calcimate Complete™

Supports bone density with 800 mg calcium  
citrate malate, one of the most absorbable  
forms of calcium with 50 mcg vitamin K-2\*

DIETARY SUPPLEMENT  
120 CAPLETS

CODE 121113

KNG

Directions: As a dietary supplement, take two caplets at breakfast and two caplets at dinner for a total of four caplets daily. For maximum benefits, take as directed every day.

## Supplement Facts

Serving Size Four Caplets  
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin D (as Cholecalciferol D-3).....	2000 IU ..... 500%
Vitamin K-2 (as Menaquinone) .....	50 mcg ..... 63%
Calcium (as Calcium Citrate Malate) .....	800 mg ..... 80%
Magnesium (as Magnesium Oxide).....	100 mg ..... 25%
Zinc (as Zinc Oxide) .....	7.5 mg ..... 50%
Copper (as Copper Glycinate).....	1 mg ..... 50%
Manganese (as Manganese Gluconate) .....	1 mg ..... 50%
MBP® .....	40 mg ..... *
Boron (as Hydrolyzed Protein Chelate) .....	1 mg ..... *

\* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.  
CONTAINS: Milk and Soybeans.

**WARNING:** Do not use if pregnant, nursing or are allergic or contraindicated to aspirin. If you are taking aspirin or blood thinning or other medication, consult your healthcare professional before using this product. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

**\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

Lot No./Best By: