



# Bio-Curcumin Phytosome

**FREE RADICAL SCAVENGER**

**Bio-Enhanced  
Turmeric Root Extract**  
• Support for Healthy Joints  
• Enhanced Bioavailability\*  
**60 Veg Capsules**

A Dietary Supplement  
Vegetarian/Vegan



**SUGGESTED USAGE:** As a dietary supplement, take 1 capsule 1 to 4 times daily with food.

Curcumin, the active polyphenolic extract of Turmeric Root, is one of the most scientifically investigated plant compounds. However, Curcumin's health-supporting properties depend on its bioavailability. NOW® Bio-Curcumin Phytosome is a patented form of Curcumin complexed with Phosphatidylcholine that clinically demonstrates enhanced absorption and bioavailability as compared with standard Curcumin extracts. Clinical studies also show that Bio-Curcumin Phytosome is a powerful free radical scavenger, can help to support a balanced immune system response to normal metabolic stress, and can promote healthy joint mobility and flexibility.\*

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (including liver dysfunction, gall bladder or gastrointestinal problems). Keep out of reach of children.

**CAPSULE SIZE**



Made in the USA  
**CODE 4642**  
V2

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Bio-Curcumin Phytosome	500 mg*
(Turmeric Root Extract ( <i>Curcuma longa</i> )/Phosphatidyl Choline Complex) (Meriva® Turmeric Phytosome) (Standardized to min. 18% Curcuminoids - 90 mg)	

\* Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica. Contains soy.

Manufactured by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
For more product information visit [www.nowfoods.com/4642](http://www.nowfoods.com/4642)  
Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Meriva® is a registered trademark of Indena S.p.A.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Do Not Eat Freshness Packet. Keep in Bottle.**  
Store in a cool, dry place after opening. Please Recycle.