



# calcium magnesium zinc

2:1 calcium  
to magnesium ratio

mineral  
100 tablets  
dietary supplement

bones<sup>▼</sup>  
teeth<sup>▼</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size



## Supplement Facts

Serving Size 3 Tablet  
Servings Per Container: 33

|   | Amount<br>Per Serving | % Daily<br>Value |
|---|-----------------------|------------------|
| Calcium<br>(as carbonate, aspartate, citrate) | 1500 mg               | 150%             |
| Magnesium<br>(as oxide, aspartate, gluconate) | 750 mg                | 187%             |
| Zinc<br>(as oxide, aspartate, gluconate)      | 45 mg                 | 300%             |

\* Daily Value not established.

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, aqueous coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide).

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**DIRECTIONS:** As a dietary supplement, take three (3) tablets daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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