

DIRECTIONS: Take one capsule two times per day or as directed by a healthcare professional, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.
Keep out of reach of small children.
Store at room temperature.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Celebrate[®]

Multi-ADEK

DIETARY SUPPLEMENT

180 CAPSULES

18010001



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 180

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 3,750 mcg	417%	Pantothenic acid 10 mg	200%
(as α -retinyl palmitate & 68% as beta-carotene)		(as D-calcium pantothenate)	
Vitamin C (as ascorbic acid) 90 mg	100%	Iodine (as potassium iodide) 75 mcg	50%
Vitamin D 62.5 mcg	313%	Magnesium 50 mg	12%
(as α -cholecalciferol [D3] (2,500 IU))		(as magnesium oxide & magnesium citrate)	
Vitamin E 50 mg	333%	Zinc (as zinc citrate) 22.5 mg	205%
(as d-alpha-tocopheryl acetate)		Selenium 70 mcg	127%
Vitamin K (as phyloquinone) 280 mcg	233%	(as selenium amino acid chelate)	
Thiamin 6 mg	500%	Copper (as copper citrate) 2.2 mg	244%
(as thiamin mononitrate)		Manganese 1 mg	43%
Riboflavin 6 mg	462%	(as manganese amino acid chelate)	
Niacin (as niacinamide) 20 mg	125%	Chromium 100 mcg	266%
Vitamin B6 (as pyridoxine HCl) 2 mg	118%	(as chromium nicotinate glycinate chelate)	
Folate 667 mcg DFE	167%	Molybdenum 37.5 mcg	83%
(as calcium L-5-methyltetrahydrofolate)		(as molybdenum amino acid chelate)	
Vitamin B12 250 mcg	10,417%		
(as methylcobalamin & cyanocobalamin)		Vitamin K2 (as menaquinone-4) 45 mcg	*
Biotin 300 mcg	1,000%		

*Daily Value not established.

Other Ingredients: Hypromellose, maltodextrin, magnesium stearate, calcium silicate and silica. $\blacklozenge$ Denotes water miscible

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