

SUGGESTED USE: FOR OCCASIONAL USE ONLY:
1 to 2 capsules taken at bedtime with 8 ounces of water or as directed by a healthcare professional. Take for no more than 7 days continuously.

SHORT-TERM CLEANSING PROGRAM:

As part of a 14-day cleanse cycle, take 1 to 2 capsules at bedtime with 8 ounces of water for up to 7 days or as directed by a healthcare professional. On days 8 through 14, continue by consuming additional fiber and water throughout the day. Do not repeat cleansing program for at least 6 to 8 weeks. If it is your first time taking this product, start with 1 capsule for the first 4 days.

CAUTION:

This product is not intended for pregnant or nursing mothers, or those under 18. Do not exceed recommended dose. This product contains senna leaves and cascara sagrada. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. Do not use this product if you have abdominal pain, diarrhea or loose stools. This product may cause digestive irritability, upset stomach, or nausea. Rectal bleeding, abdominal cramping, and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should you experience these symptoms, light-headedness, rapid heart rate, or shortness of breath, discontinue use and consult a physician. If you have a known medical condition or are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**DR
TOBIAS**

COLON
14 Day Cleanse

*Supports Digestive Health**

**Dietary Supplement
28 Capsules**

- Helps support healthy bowel movement*
- Supports healthy energy levels*
- Supports weight loss*
- Pairs well with our ACV Gummies

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 14

	Amount Per Serving	Amount Per Capsule	%DV
Cascara Sagrada Bark (10% extract)	300 mg	150 mg	**
Psyllium Husk Powder	300 mg	150 mg	**
Senna Leaf (20% extract)	285 mg	142.5 mg	**
Flaxseed Powder	100 mg	50 mg	**
Aloe Vera Leaf Gel (200:1 concentrate)	80 mg	40 mg	**
Lactobacillus acidophilus	50 mg	25 mg	**
Licorice Root Extract	50 mg	25 mg	**
Medium Chain Triglycerides Oil	14 mg	7 mg	**

**Daily Value (DV) not established.

OTHER INGREDIENTS:

Gelatin (bovine), vegetable magnesium stearate, silicon dioxide and rice flour.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING. STORE IN A COOL, DRY PLACE.**

Sourced from an FDA Registered
& Inspected and GMP-certified facility.



▲ WARNING: Reproductive Harm -
www.P65Warnings.ca.gov/food



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