

swanson.com
or call 1-800-437-4148

- Supports healthy mental function**
- Helps maintain cell signaling and integrity in the brain**
- Helps maintain healthy memory and cognitive function**

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel one to three times per day with water.

Sharp-PS® is a registered trademark of IFF or its affiliates.



WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

Phosphatidylserine

Brain and Nervous System Health**

100 mg per softgel

DIETARY SUPPLEMENT | 90 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Phosphatidylserine 100 mg*
(from Sharp-PS® soybean phospholipid complex)

*Daily Value not established.

Other ingredients: Medium-chain triglycerides oil (palm), softgel (gelatin, glycerin, purified water), silica, antioxidants.

Contains soy.

Contains a bioengineered food ingredient.

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