



Norwegian

# Caviar SPMs

## Phospholipid PRMs

DIETARY SUPPLEMENT

✓ Inflammation Balance\* ✓ Healthy Brain Aging\* ✓ Skin & Health\*

60 Soft Gels | 60 Servings



\* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Soft Gel  
Servings Per Container 60

	Amount Per Serving	% DV
Calories	5	
Total Fat	0.5 g	1%**
Cholesterol	20 mg	7%
Choline	13 mg	2%
Herring Roe Phospholipid Blend	500 mg	†
Total Omega-3 Fatty Acids*	215 mg	†
EPA (Eicosapentaenoic Acid)*	40 mg	†
DHA (Docosahexaenoic Acid)*	150 mg	†

	Amount Per Serving	% DV
Total Phospholipids	140 mg	†
Pro-Resolving Mediators (PRMs)		
14-HDHA		†
17-HDHA		†
18-HEPE		†
Specialized Pro-resolving Mediators (SPMs)		
Maresins (MaR1, MaR2)		†
D-Series Resolvin RvD5		†
E-Series Resolvin RvE2		†
Protectin DX (NPDx)		†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

Ingredients: ROMEGA® Herring Caviar and fish oil blend, natural mixed tocopherols. Soft gel shell: Beef gelatin, glycerin, water, natural vanilla flavor. Contains fish (anchovy and herring). As phospholipids and triglycerides. Reported as triglycerides.

### PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

ROMEQA® is a trademark of Arctic Bioscience A.S.  
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**Directions:** Adults: take one soft gel once or twice daily at mealtime. Do not chew.



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