

Vegetarian DHA, sustainably sourced from algae, provides 500 mg of DHA in a single soft gel to promote cognitive, vision, and mood health.* A vegetarian diet may not provide an adequate amount of DHA, so a plant-based supplement can be a great option.

- ✓ **No Artificial Ingredients**
- ✓ **Gluten-Free** ✓ **Vegetarian**

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



1790-2a



Vegetarian DHA

500 mg DHA • Plant-Based

DIETARY SUPPLEMENT

✓ Cognitive Function* ✓ Vision Support* ✓ Healthy Mood*
30 Vegetarian Soft Gels | 30 Servings

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 30

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Algal Oil (derived from <i>Schizochytrium sp.</i>) [☆]	830 mg	†
DHA (Docosahexaenoic Acid) [☆]	500 mg	†

^{**} Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (modified food starch, carrageenan, glycerin, sorbitol, purified water), antioxidant blend (mixed tocopherol, rosemary extract, and ascorbyl palmitate).
[☆]Reported as triglycerides.

Directions: Adults: take one soft gel daily **at mealtime.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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