

DIRECTIONS: Adults, take 1-2 capsules daily as a dietary supplement.

MODO DE EMPLEO: Adults, tomar 1-2 capsulas al dia como suplemento.

CASCARA SAGRADA is a tree native to North America, also known as Buckthorn. It is considered to be a natural help for chronic constipation.*

WARNING: Do not use this product if pregnant, nursing or if you suffer from abdominal pain, diarrhea and nausea. Do not use for more than 7 consecutive days.*

STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. KEEP OUT OF REACH OF CHILDREN. MANTENER FUERA DEL ACANCE DE LOS NINOS.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PROUDLY MADE IN THE USA.



Cascara Sagrada

450MG

Natural Help Against Constipation.*

100 CAPSULES
HERBAL SUPPLEMENT

SUPPLEMENT FACTS

Serving size: 1 capsule
Servings per container: 100

Amount per serving	% Daily Value
Cascara Sagrada (Bark) 450mg	**

**Daily Value Not Established.

Other Ingredients: Whey, Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

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