

Menopause Support*

Support for physical and emotional symptoms of menopause*

- Helps manage menopausal symptoms including hot flashes, irritability, and mood swings*
- Helps reduce night sweats and promotes restful sleep during menopause*
- With 40 mg black cohosh extract standardized to 2.5% triterpene glycosides (1 mg) per serving

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

GLUTEN FREE. No salt, wheat, corn, soy, dairy, gelatin, or artificial colors, flavors, or preservatives.

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



BLACK COHOSH PREMIUM EXTRACT

Menopause Support*

40 mg per serving

PLANT
POWERED

120 VEGAN CAPSULES - DIETARY SUPPLEMENT



Recommendation: Adults take 1 capsule twice daily with food or water. **Warning:** Do not use if you are pregnant, nursing, or have a liver disorder. Discontinue use and consult a healthcare professional if you develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. If you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Black Cohosh (root, rhizome) Extract standardized to 2.5% triterpene glycosides (1 mg)	40 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.