

DIRECTIONS: Take one capsule two times per day or as directed by a healthcare professional, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children.

Store at room temperature.

In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FORMULATED & DISTRIBUTED BY: CELEBRATE VITAMINS
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Celebrate

Multi-ADEK

DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 3,750 mcg	417%	Pantothenic acid 10 mg	200%
(as α -retinyl palmitate & 68% as beta-carotene)		(as D-calcium pantothenate)	
Vitamin C (as ascorbic acid) 90 mg	100%	Iodine (as potassium iodide) 75 mcg	50%
Vitamin D 62.5 mcg	313%	Magnesium 50 mg	12%
(as α -cholecalciferol [D3]) (2,500 IU)		(as magnesium oxide & magnesium citrate)	
Vitamin E 50 mg	333%	Zinc (as zinc citrate) 22.5 mg	205%
(as d-alpha-tocopheryl succinate)		Selenium 70 mcg	127%
Vitamin K (as phyloquinone) 280 mcg	233%	(as selenium amino acid chelate)	
Thiamin (as thiamin mononitrate) 6 mg	500%	Copper (as copper citrate) 2.2 mg	244%
Riboflavin 6 mg	462%	Manganese 1 mg	43%
Niacin (as niacinamide) 20 mg	125%	(as manganese amino acid chelate)	
Vitamin B6 (as pyridoxine HCl) 2 mg	118%	Chromium 100 mcg	286%
Folate 667 mcg DFE	167%	(as chromium nicotinate glycinate chelate)	
(as calcium L-5-methyltetrahydrofolate)		Molybdenum 37.5 mcg	83%
Vitamin B12 250 mcg	10,417%	(as molybdenum amino acid chelate)	
(as methylcobalamin & cyanocobalamin)			
Biotin 300 mcg	1,000%	Vitamin K2 (as menaquinone-4) 45 mcg	*

*Daily Value not established

Other Ingredients: Hypromellose, maltodextrin, magnesium stearate, calcium silicate, silica.

α Denotes water miscible.