


Shake well before using. Made with alcohol free, rhythmical proprietary processes. Contains no milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, sesame, soy, wheat, or gluten.

Consult your health care provider before using this product if you are pregnant, lactating or have other medical concerns or compatibility issues.*



True Botanica

Cold Extraction

Birch Complex

*Herbal Tincture
A Dietary Supplement*

55 ML 1.86 FL OZ

Suggested Usage: 20 drops (1 ml, 1/5 tsp) one to three times daily or as suggested by your health care provider.

Supplement Facts

Serving size: 20 drops

Serv./container: 55

AMT PER SERVING	% DAILY VALUE
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Birch Herb 1:7 extract from <i>Betula sp.</i> (leaf) 35 mg	0.25 ml*
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Birch D6 (10 ⁻⁶) [rhythmically prepared mix of <i>Betula sp.</i> (leaf) in distilled water]	0.75 ml*
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* Daily value is not determined

Other ingredients: A proprietary mix of Distilled Water, Vegetable Glycerine (from palm oil), Apple Cider Vinegar, same plant salts, Trace Minerals, Potassium Sorbate, Citric Acid