

DIRECTIONS: Take three to six capsules once per day, or take three capsules 30 to 60 minutes before each of your two biggest meals, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication, especially hypoglycemic agents, should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

OptiFiber® Lean features Shimizu Propol® A propolmannan. Propol A is a highly pure, natural soluble fiber created from *Amorphophallus konjac*-derived glucomannan using proprietary processing technology. This fiber has been studied for its viscosity and stability through the digestive tract, and studies support its health effects, including satiety, weight control, glucose and lipid metabolism, and bowel regularity.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

FORMULATED TO EXCLUDE: Wheat, gluten, corn, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, sesame, ingredients derived from genetically modified organisms (GMOs), artificial colors, and artificial sweeteners.

S1. Propol® is a registered trademark of Shimizu Chemical Corporation.

ePV:



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OptiFiber® Lean

100% Natural and Soluble
Propolmannan Fiber

PROFESSIONAL FORMULAS

180 Vegetarian Capsules | Dietary Supplement

Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 30

	Amount Per Serving	%Daily Value
Dietary Fiber (from propolmannan)(<i>Amorphophallus konjac</i>)(tuber) ^{S1}	3 g	11% [†]

[†]Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Ascorbyl palmitate, capsule (hypromellose and water), microcrystalline cellulose, and silica.

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