SUGGESTED USAGE: Take 2 capsules daily as needed, preferably with juice or water on an empty stomach, before exercise or at bedtime.

Arginine & Ornithine combines two complementary amino acids in one convenient supplement. Arginine is required for proper elimination of urea from the body, which occurs through a critical metabolic cycle that detoxifies the body of nitrogen compounds that are normal by-products of protein metabolism.* Ornithine is synthesized from arginine and is a precursor of citrulline, proline and glutamic acid.* Both of these amino acids are popular with athletes and other active individuals.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Do not use if history of myocardial infarction or established coronary artery disease. Consult physician if pregnant/nursing, taking medication, or have a medical condition (including herpes and/or glaucoma). Keep out of reach of children.

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NOW SPORTS

ARGININE & ORNITHINE

500 MG / 250 MG

AMINO ACIDS

PROTEIN METABOLISM*

NITRIC OXIDE PROMOTER*

UREA DETOX*

INFORMED SPORT

STEROID TESTED

Vegan

K

Non-GMO

100 VEG CAPSULES

A Dietary Supplement

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 50

Amount Per Serving	
L-Arginine (Free-Form)	1 g (1,000 mg)**
L-Ornithine (from 644 mg L-Ornithine HCl)	500 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA
nowsportsproducts.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.