

PK001329
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#1 PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND*

Nature Made

Choline

EXTRA STRENGTH DOSAGE

800 mg
per 3 capsules

**CLINICALLY
STUDIED
INGREDIENT**

**Supports
focused
attention****

60 CAPSULES

**Helps support
memory, mood
and muscle
health****

Dietary Supplement

90% of adults do not meet the recommended intake levels for choline.

SUGGESTED USE: Adults, take 3 capsules daily with water and a meal.

Store tightly closed, in a cool, dry place,
out of reach of children.

Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 20

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 2 g	1%**
Protein less than 1 g	
Choline (as Choline Bitartrate) 800 mg	145%

**Percent Daily Values are based on
a 2,000 calorie diet.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free
- ✓ Vegetarian

CAUTION: If you are pregnant,
nursing, taking medications or
have any chronic medical
conditions, consult your
physician before use.

OTHER INGREDIENTS:
Hydroxypropylmethylcellulose,
Magnesium Stearate, Cellulose Gel,
Silicon Dioxide.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA.
Made to our guaranteed purity and potency standards.

*Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.:



Choline helps make acetylcholine to support memory, mood, and muscle health*

*In young adults

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.