

*Urtica dioica*  
**STINGING  
NETTLE BLEND**

**RESPIRATORY SYSTEM\***



**HERB & PHARM®**

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

**SUGGESTED USE**

SHAKE WELL BEFORE USING

Adults: Add 1 squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

**Keep Out of the Reach of Children**

Store away from heat & light

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**Stinging Nettle Blend Liquid Extract**

**Supplement Facts**

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

**Certified organic extract blend:**

642 mg Ⓢ †

**Stinging Nettle** (*Urtica dioica*)

**aerial parts** Ⓢ Ⓣ & **seed** Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (51-61%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓣ Fresh (undried)

Ⓢ Extraction rate 303 mg fresh herb & 82 mg dry herb per 0.7 ml.

**HERB PHARM • WILLIAMS, OR 97544**

**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**

Certified organic by Organic Certifiers

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

