




Bottle made from 100% post consumer recycled material. 

We are committed to you and our planet. Scan to learn more.



**Recommended Use:** Take 2 capsules with a meal once daily.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Get going! Cascara Sagrada bark is known to support peristaltic action in the bowel. Its name means, "sacred bark" and when you can't go, this may be what you are looking for. Aged to perfection for proper efficacy and safety.\*

Do not exceed recommended dose. Not for long-term use.



Do not use if inner seal is missing or damaged. Store in a cool, dry place.

# Cascara Sagrada

**NATURAL HERBAL LAXATIVE\***

*Improves Elimination\**

Dietary Supplement  
**100 CAPSULES**



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 50

### Amount Per 2 Capsules

Cascara Sagrada Bark ( <i>Rhamnus purshiana</i> )	780 mg†
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†Daily Value not established.

Other Ingredients: Capsule (gelatin, water).

NOTICE: This product contains cascara sagrada bark. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medication, or have a medical condition.



Stock#  
170  
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