

**GUMMIES  
ON THE GO**

MELATONIN FOR  
SLEEP SUPPORT\*

Nature's  
**Way**

# Sleep Well Gummy

Fall Asleep Faster\*



Melatonin, Magnesium  
& Ashwagandha

DIETARY SUPPLEMENT

**10**  
GUMMIES

Berry  
Flavored

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WITH  
PLANT-  
BASED  
PECTIN

LHPK14615.01 BGM9275



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**Non-Habit Forming Sleep Support\***  
With melatonin, magnesium, and ashwagandha



Melatonin supports restful sleep\*



Magnesium supports muscle relaxation\*



Sensoril® ashwagandha reduces stress  
with ongoing use\*



**Recommendation:** Adults chew two gummies 30-60 minutes before bed. Not formulated for children. Take only as directed. Do not exceed recommended dose.

**Warning:** Do not use if you are pregnant, attempting to become pregnant, nursing, or if you have or are being treated for depression or dementia. If you are being treated for diabetes, autoimmune, endocrine, blood clotting, or seizure disorders, or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness; do not drive, or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. If you are experiencing long-term sleep difficulties, consult a healthcare professional.

**Keep out of reach of children.** Do not use if open or torn. Keep tightly sealed. Store at room temperature. Avoid excessive heat and direct sunlight.

**GLUTEN FREE.** No wheat, soy, dairy, or gelatin.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938.

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Questions? 1-800-9NATURE / [naturesway.com](https://www.naturesway.com)

## Supplement Facts

Serving Size 2 Gummies / Servings per Container 5

Amount per Serving	% DV†
Calories	25
Total Carbohydrate	6 g 2%†
Total Sugars	3 g **
Includes 3 g Added Sugars	6%†
Magnesium (as magnesium citrate)	84 mg 20%
Sodium	10 mg <1%
Ashwagandha (Sensoril® brand) (root, leaf) Extract	125 mg **
Melatonin	5 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other ingredients: glucose syrup, cane sugar, purified water, natural flavors, pectin, citric acid, sodium citrate, vegetable and fruit juice color, coconut oil, beeswax

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