

Get the Most From Your Multi

Gelatin-free gummies with 16 vitamins and minerals



Full B-vitamin complex helps convert food to fuel*



Supports immune, heart, and muscle function*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-9NATURE / [naturesway.com](https://www.naturesway.com)

◆ LH15903.H02 BGM8797H



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
Way

Alive!

WOMEN'S GUMMY MULTIVITAMIN

Supports Energy Metabolism
& Hair, Skin, Nails*

Orchard Fruits™ & Garden Veggies™
Powder Blend (75 mg per 2 gummies)

WITH
PLANT-
BASED
PECTIN

Mixed Berry
Flavored

60 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 30

Amount per Serving	% DV†
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Calories	20	
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Total Carbohydrate	5 g	2%†
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Total Sugars	4 g	**
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Includes 4 g Added Sugars	8%†	
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Vitamin A (as retinyl palmitate)	450 mcg	50%
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Vitamin C (ascorbic acid)	30 mg	33%
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Vitamin D3 (as cholecalciferol)	40 mcg	200%
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Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
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Thiamin (as thiamin HCl)	0.3 mg	25%
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Riboflavin	0.325 mg	25%
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Niacin (as niacinamide)	4 mg	25%
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Vitamin B6 (as pyridoxine HCl)	2.6 mg	153%
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Folate	400 mcg DFE (240 mcg Folic Acid)	100%
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Vitamin B12 (as cyanocobalamin)	3.6 mcg	150%
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Biotin	37.5 mcg	125%
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Amount per Serving	% DV†
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Pantothenic Acid (as D-calcium pantothenate)	1.3 mg	26%
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Calcium (as tribasic calcium phosphate)	100 mg	8%
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Phosphorus (as tribasic calcium phosphate)	45 mg	4%
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Iodine (as potassium iodide)	150 mcg	100%
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Zinc (as zinc citrate)	1.9 mg	17%
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Sodium	20 mg	1%
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Orchard Fruits™ & Garden Veggies™ Powder Blend	75 mg	**
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Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach

Boron (as sodium borate)

Inositol

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors, coconut oil, carnauba wax