

# Get the Most From Your Multi

Gelatin-free gummies with 16 vitamins and minerals



Full B-vitamin complex helps convert food to fuel\*



Supports heart, bone, and brain health\*



Provides daily immune support\*

Explore more products at [NATURESWAY.COM](http://NATURESWAY.COM)

FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Questions? 1-800-9NATURE / [naturesway.com](http://naturesway.com)



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's  
Way

# Alive!

**WOMEN'S 50+**  
**MULTIVITAMIN GUMMY**

Supports Healthy Heart,  
Brain & Bones\*

Orchard Fruits™ & Garden Veggies™  
Powder Blend (75 mg per 2 gummies)

WITH  
**PLANT-BASED  
PECTIN**

Mixed Berry  
Flavored

**60 GUMMIES - MULTIVITAMIN SUPPLEMENT**

**Recommendation:** Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts		Amount per Serving	% DV†
Serving Size 2 Gummies		Pantothenic Acid (as D-calcium pantothenate)	1.3 mg 26%
Servings per Container 30		Calcium (as tribasic calcium phosphate)	100 mg 8%
Amount per Serving	% DV†	Phosphorus (as tribasic calcium phosphate)	45 mg 4%
Calories	20	Iodine (as potassium iodide)	150 mcg 100%
Total Carbohydrate	5 g 2%†	Zinc (as zinc citrate)	2.7 mg 25%
Total Sugars	4 g **	Sodium	10 mg <1%
Includes 4 g Added Sugars	8%†	Orchard Fruits™ & Garden Veggies™ Powder Blend	75 mg **
Vitamin A (as retinyl palmitate)	450 mcg 50%	Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	
Vitamin C (ascorbic acid)	30 mg 33%	Lutein (from Aztec Marigold [flower] Extract)	300 mcg **
Vitamin D3 (as cholecalciferol)	40 mcg 200%	Boron (as sodium borate)	150 mcg **
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%		
Thiamin (as thiamin HCl)	0.3 mg 25%		
Riboflavin	0.33 mg 25%		
Niacin (as niacinamide)	4 mg 25%		
Vitamin B6 (as pyridoxine HCl)	1.7 mg 100%		
Folate (240 mcg Folic Acid)	400 mcg DFE 100%		
Vitamin B12 (as cyanocobalamin)	4.8 mcg 200%		
Biotin	30 mcg 100%		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, citric acid, natural flavors, sodium citrate, vegetable and fruit juice colors, coconut oil, carnauba wax