

Once Daily

Nature's
way

Alive!

MEN'S
COMPLETE MULTIVITAMIN

Orchard Fruits™ & Garden Veggies™
Powder Blend (100 mg per serving)

50 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing, if you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts		Amount per Serving		% DV**	
Serving Size: 1 Tablet					
Amount per Serving	% DV**	Amount per Serving	% DV**	Amount per Serving	% DV**
Vitamin A (as 70% retinyl acetate)	900 mcg	100%	Iodine (as potassium iodide)	150 mcg	100%
Vitamin B1 (as thiamine hydrochloride)	1.8 mg	750%	Magnesium (as magnesium oxide)	105 mg	25%
Vitamin B2 (as riboflavin)	30 mg	100%	Zinc (as zinc oxide)	16.5 mg	150%
Vitamin B3 (as niacinamide)	24 mg	150%	Selenium (as sodium selenate)	96 mcg	175%
Vitamin B6 (as pyridoxine HCl)	4.25 mg	250%	Copper (as copper sulfate)	0.9 mg	100%
Folate	400 mcg (DFE)	100%	Manganese (as manganese sulfate)	2.3 mg	100%
Vitamin B12 (as cyanocobalamin)	18 mcg	750%	Molybdenum (as sodium molybdate)	45 mcg	100%
Biotin	30 mcg	100%	Orchard Fruits™ & Garden Veggies™ (as sodium hydroxide)	100 mg	**
Pantothenic Acid (as calcium pantothenate)	7.5 mg	150%	Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Sweet Raspberry, Pomegranate, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pear, Broccoli, Spinach		
Calcium (as calcium phosphate, D-calcium pantothenate)	130 mg	10%			

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, polydextrose, titanium dioxide, color, riboflavin color, medium chain triglycerides, magnesium stearate, silica

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**Daily Value (DV) not established.

FLORGLD

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Supports Energy Metabolism
& Muscle Function*

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Get The Most
From Your Multi

100% or more Daily Value
of 19 vitamins and minerals

- Excellent source of magnesium and high potency vitamin D
- High potency B-vitamin complex helps convert food to fuel*
- Supports heart, muscle, and immune health**
- High potency antioxidant vitamins C, E, and selenium
- Multiple for men to support balanced body systems*

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FREE From gluten, wheat, and dairy

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