

Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM wheat, dairy, gelatin, and artificial colors.

Aquaminn[®] is a registered trademark of Marigot Limited.



BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

◆ LH15838.C01 BLK8768C

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / naturesway.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's way

Alive!

BONE SUPPORT*

Calcium Max Absorption

1,200 mg Plant Source Calcium per 4-Tablet Serving

With Vitamin D3, Vitamin K2, Magnesium

Orchard Fruits[™] & Garden Veggies[™] Powder Blend (100 mg per 4-tablet serving)

60 TABLETS - DIETARY SUPPLEMENT

Recommendation: Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose.

Supplement Facts

Amount per Serving	% DV ¹
Serving Size 4 Tablets Servings per Container 15	
Amount per Serving	% DV¹
Calories 10	
Total Carbohydrate 2 g	1%*
Vitamin D3 (as cholecalciferol) 100 mcg	500%
Calcium from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant) 1,200 mg	92%
Magnesium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant) and as magnesium citrate, oxide) 264 mg	63%
Sodium 30 mg	1%

Amount per Serving	% DV ¹
Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf) 100 mg	**
Orchard Fruits [™] & Garden Veggies [™] Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach 100 mg	**
Stromium from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant) 8 mg	**
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract) 150 mcg	**

¹Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, stearic acid, citric acid, sodium crosscarmellose, sodium bicarbonate, hypromellose, silica, glycerin

Contains soy.



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Plant Source Calcium

Easy to digest and utilize

Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Bioavailable Aquamin[®] calcium is derived from sustainably sourced calcified red algae seaweed.

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Supports Healthy Bones*

With 1,200 mg plant source calcium per 4-tablet serving

Vitamin D3 enhances calcium absorption and utilization*

Magnesium helps maintain bone density*

Vitamin K2 directs calcium to bones where it's needed most*

With 100 mg Orchard Fruits[™] & Garden Veggies[™] Powder Blend per 4-tablet serving

Explore more products at NATURESWAY.COM

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With Vitamin D3, Vitamin K2, Magnesium

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