

Supports regularity, reduces occasional constipation & promotes colon health*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.



HOWARU® is a registered trademark of IFF and is used under license. HN019™ is a trademark of the Fonterra Group of companies used under license. The probiotic strains contained in this product are manufactured by IFF.

GLUTEN FREE. No soy, dairy, or artificial colors.

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Questions? 1-800-9NATURE / fortifyprobiotics.com
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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.
**COMPARED TO FORTIFY® ADULTS 50+ 30 BILLION PROBIOTIC FORMULA

50 BILLION LIVE CULTURES

Nature's way

EXTRA-STRENGTH[†]
PROBIOTIC

ADULTS 50+

Fortify[®]
PROMOTES COLON HEALTH[®]

30 PROBIOTIC SUPPLEMENT
DELAYED-RELEASE CAPSULES

Wellness Starts with a Healthy Gut

Promotes healthy gut bacteria*



Guarantees 50 billion live probiotic cultures through the date of expiration



Formulated with 11 diverse probiotic strains



Plant-derived, delayed-release capsule survives stomach acid to distribute live cultures where they're needed most—in the intestine and colon



Contains plant-based prebiotic fiber, food for good bacteria*



No refrigeration needed



Extra-Strength[†] Probiotic for Digestive and Colon Health for Adults 50+*

Promotes colon health with clinically studied probiotic strain *B. lactis* HN019™**



Supports digestive balance and immune health with clinically studied probiotic strains *B. lactis* Bi-07[®] and *B. lactis* BL-04[®]**



Reduces occasional gas and digestive discomfort*



Contains the doctor-preferred probiotic for regularity**†

Explore more products at NATURESWAY.COM

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50 BILLION LIVE CULTURES

Nature's way

EXTRA-STRENGTH[†]
PROBIOTIC
3 CLINICALLY STUDIED
PROBIOTIC STRAINS

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Fortify[®]
PROMOTES COLON HEALTH[®]

PLUS
Supports regularity & reduces occasional constipation*

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**BASED ON AN IQVIA PROVOICE SURVEY OF PRIMARY CARE PHYSICIANS, HOWARU® B. LACTIS HN019™ IS THE DOCTOR-PREFERRED PROBIOTIC STRAIN FOR REGULARITY AS COMPARED TO OTHER STRAINS IN LEADING PROBIOTIC BRANDS. 92-WEEK STUDY M.U.O., ending 9/13/23. August 2023.

WITH PLANT-BASED PREBIOTIC FIBER

CONTAINS THE DOCTOR-PREFERRED PROBIOTIC FOR REGULARITY*

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule	
Amount per Serving	% DV**
Fortify [®] Age 50+ 50 Billion CFU Proprietary Probiotic Blend:	525 mg**
Bifidobacteria Blend (29.5 Billion CFU): <i>Bifidobacterium bifidum/lactis</i> Bb-02 [®] ; HOWARU [®] <i>B. lactis</i> HN019 [™] ; <i>B. lactis</i> BL-04 [®] ; <i>B. lactis</i> Bi-07 [®] ; <i>B. bifidum</i> Bb-06 [®] ; <i>B. longum</i> BL-05 [™]	
Lactobacilli Blend (20.5 Billion CFU): <i>Lactobacillus paracasei</i> Lpc-37 [®] ; <i>L. rhamnosus</i> GG; HOWARU [®] <i>L. acidophilus</i> NCFM [®] ; <i>L. plantarum</i> LP-115 [®]	
Chicory (root) Fiber	50 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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**Based on an IQVIA ProVoice survey of Primary Care Physicians, HOWARU[®] *B. lactis* HN019[™] is the Doctor-preferred probiotic strain for regularity as compared to other strains in leading probiotic brands. 92-week study M.U.O., ending 9/13/23. August 2023.
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