

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.



KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM: 137NL



B Complex

100% Daily Value

GENERAL HEALTH[†]

BALANCED B VITAMIN[†]

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	1.2 mg	100%
Vitamin B2 (as riboflavin)	1.3 mg	100%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Folate	400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	5 mg	100%
Calcium (as dicalcium phosphate)	100 mg	8%

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica and magnesium stearate.



WINDMILL. windmillvitamins.com

NO

SUGAR, WHEAT, SOY, MILK,
ARTIFICIAL COLORS,
FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN