

Traditional Sleep Support*

With 1,500 mg lemon balm leaf per 3-capsule serving

- Botanicals are sourced where they grow best
- Made with the quality you trust

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

GLUTEN FREE. No salt, wheat, corn, soy, dairy, gelatin, or artificial colors, flavors, or preservatives.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH14650.B01 BLK8323B



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
Way

MELISSA LEMON BALM LEAF

Traditional
Sleep Support*

PLANT
POWERED

1,500 MG PER
3-CAPSULE SERVING



100 VEGAN CAPSULES - DIETARY SUPPLEMENT

Recommendation: Adults take 3 capsules daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules

Servings per Container 33

Amount per Serving	% DV†	
Calories	5	
Total Carbohydrate	<1 g	<1%†
Total Sugars	<1 g	**
Lemon Balm (leaf)	1.5 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.