

## Pure Source MCTs from Premium Coconuts

Provides 100% potency with no filler oils

- Quickly absorbed and converted into energy\*
- Helps you feel full†
- Flavorless, odorless, and hexane-free
- Stays liquid, even when refrigerated
- Can be added to your favorite beverage or foods

Explore more products at [NATURESWAY.COM](http://NATURESWAY.COM)

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**Pro-Cert**  
ORGANIC

Certified Organic by Pro-Cert

Nature's  
**Way**

# ORGANIC MCT OIL

Provides Brain & Body Fuel\*

100% Potency

No Filler Oils

PLANT  
POWERED

14g PER 1 TABLESPOON  
MEDIUM CHAIN TRIGLYCERIDES†



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

\*SEE SUPPLEMENT FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT

16 FL OZ (1 PT) (480 mL) - DIETARY SUPPLEMENT

**Recommendation:** Adults take 1 Tablespoon (15 mL) 1-3 times daily as needed.

**Caution:** Excessive use may cause GI discomfort. To reduce this effect, take with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 1 Tablespoon (15 mL)  
Servings per Container 32

Amount per Serving		% DV†
Calories	130	
Total Fat	14 g	18%†
Saturated Fat	14 g	70%†
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Medium Chain Triglycerides	14 g	**
Caprylic Acid	7.7 g	**
Capric Acid	4 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Ingredients: medium chain triglycerides from organic coconut oil

Contains tree nuts (coconut).

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.

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