



Promotes digestive balance and immune health with clinically studied *B. lactis* Bi-07® and *B. lactis* BL-04®*



Reduces occasional constipation, gas, and digestive discomfort*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.



HOWARU® is a registered trademark of IFF and is used under license. HN019™ and HN001™ are trademarks of the Fonterra Group of companies used under license. The probiotic strains contained in this product are manufactured by IFF.

◆ LH15652.D01 B712132D

GLUTEN FREE. No soy, dairy, or artificial colors.

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Green Bay, WI 54311 USA • Bottled and tested in the USA
Questions? 1-800-962-8873 / fortifyprobiotics.com



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

35 BILLION LIVE CULTURES

Nature's Way

Optima PROBIOTIC

Fortify®

ADVANCED CARE PROBIOTIC FOR GUT COMFORT*

30 PROBIOTIC SUPPLEMENT DELAYED-RELEASE CAPSULES

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV **
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Fortify® Optima® Daily 35 Billion CFU	525 mg **
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Proprietary Probiotic Blend:

Lactobacilli Blend (30 Billion CFU):

Lactobacillus paracasei Lpc-37®; *L. plantarum* Lp-115®; *L. brevis* Lbr-35™; *L. rhamnosus* GG; HOWARU® *L. rhamnosus* HN001™; HOWARU® *L. acidophilus* NCFM®; *L. bulgaricus* Lb-87™; *L. gasseri* Lg-36™; *L. reuteri* 1E1™

Bifidobacteria/Streptococcus Blend (5 Billion CFU):

Bifidobacterium lactis BL-04®; HOWARU® *B. lactis* HN019™; *B. lactis* Bi-07®; *B. bifidum* Bb-06™; *B. infantis* Bi-26™; *Streptococcus thermophilus* St-21™

Proprietary Plant-Based Prebiotic Blend:	75 mg **
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Gum Acacia Fiber, Chicory (root) Fiber

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica