

Other ingredients: fructose, sorbitol, natural flavors, magnesium stearate, citric acid, turmeric color, vegetable juice color, malic acid, silica, gelatin

FREE FROM gluten, wheat, and dairy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Aquamin® is a registered trademark of Marigot Limited. Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

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Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

◆ LH15786.E02 BLK8727E BLK8728E



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

120 CHEWABLE TABLETS - MULTIVITAMIN SUPPLEMENT

Recommendation: Not for children under 2 years of age due to choking hazard. Children 2-3 years of age, chew 1 tablet daily. Children 4 years of age and older, chew 2 tablets daily. Take preferably with food. Instruct child to chew tablets thoroughly before swallowing. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts		Amount per Serving		Ages 2-3 Yrs % DV[†]		Ages 4+ Yrs % DV[†]	
Serving Size	1 Tablet	2 Tablets					
Servings per Container	120	60					
Amount per Serving	Ages 2-3 Yrs % DV [†]	Ages 4+ Yrs % DV [†]					
Calories	5	10					
Total Carbohydrate	1 g	1% [‡]	3 g	1% [‡]			
Total Sugars	1 g	**	2 g	**			
Includes Added Sugars	<1 g	4% [‡]	2 g	4% [‡]			
Vitamin A (as 75% retinyl acetate, 25% beta-carotene)	450 mcg	150%	900 mcg	100%			
Vitamin C (ascorbic acid)	90 mg	600%	180 mg	200%			
Vitamin D3 (as cholecalciferol)	15 mcg	100%	30 mcg	150%			
Vitamin E (as d-alpha tocopheryl succinate)	7.5 mg	125%	15 mg	100%			
Thiamin (as thiamin mononitrate)	1.2 mg	240%	2.4 mg	200%			
Riboflavin	1.3 mg	260%	2.6 mg	200%			
Niacin (as niacinamide)	5.75 mg	96%	11.5 mg	72%			
Vitamin B6 (as pyridoxine HCl)	1.7 mg	340%	3.4 mg	200%			
Folate	200 mcg DFE 133% (209 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)	400 mcg DFE 100% (418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)					
Vitamin B12 (as methylcobalamin)	1.5 mcg	167%	3 mcg	125%			
Biotin	5 mcg	63%	10 mcg	33%			
Pantothenic Acid (as D-calcium pantothenate)	3.75 mg	188%	7.5 mg	150%			
Choline (as choline bitartrate)	5.5 mg	3%	11 mg	2%			
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	19.5 mg	3%	39 mg	3%			
Iron (as ferrous fumarate)	2.5 mg	36%	5 mg	28%			
Iodine (as potassium iodide)	75 mcg	83%	150 mcg	100%			
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium oxide)	6.3 mg	8%	12.6 mg	3%			
Zinc (as zinc citrate)	1.8 mg	60%	3.6 mg	33%			
Manganese (as manganese sulfate)	1.15 mg	96%	2.3 mg	100%			
Molybdenum (as sodium molybdate)	22.5 mcg	132%	45 mcg	100%			
Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Pomegranate, Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape, Açaí, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato	75 mg	**	150 mg	**			
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	15 mg	**	30 mg	**			

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.

[‡]Percent Daily Values are based on a 1,000 calorie diet.

**Daily Value not established.