

Distributed by  
ALTRUM Nutrition  
Div. of AMSOIL INC.  
Superior, WI 54880  
(715) 392-7101

Product Code – ALVD  
REV:3

*This bottle is made from 100% PCR (post-consumer recycled) resin.*

Natural color variation may occur in this product.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

that your body receives an adequate supply.

**Suggested Usage:** Take 1 softgel daily with a meal. Our Vitamin D-3 softgels supply this key vitamin in a highly absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, vitamin D supplementation becomes even more necessary to ensure

The image shows the front of a blue and white softgel container for Altrum High-Potency D3 2000 IU. The brand name 'ALTRUM' is prominently displayed at the top in white serif font with a red underline. Below it, 'HIGH-POTENCY D3' and '2000 IU' are written in bold black sans-serif font. Two bullet points are listed: '• Supports Immune System\*' and '• Structural Support\*'. At the bottom, a white rounded rectangle contains the text 'A Dietary Supplement 120 Softgels'. There are also 'GMP' and 'Non-GMO' logos in the bottom corners.

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D	50 mcg (2,000 IU)	250%
(as D <sub>3</sub> Cholecalciferol) (from Lanolin)		

Other ingredients: Extra Virgin Olive Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Safflower Oil.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Non-GMO