



# vitamin E plus selenium

400IU

mixed tocopherols<sup>v</sup>  
immune<sup>v</sup>  
antioxidant<sup>v</sup>

vitamin  
300 softgels  
dietary supplement

gluten  
free

dairy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha, d-beta, d-gamma, d-delta tocopherols and d-alpha tocopheryl acetate)	400 IU	1333%
Selenium (as l-selenomethionine)	50 mcg	71%

**Other ingredients:** Soybean oil, gelatin, glycerin, yellow beeswax, soy lecithin, purified water.

**Contains:** Soy.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

**v** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

**DIRECTIONS:** As a dietary supplement, take one (1) softgel daily, preferably with a meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**Natural Source d-Alpha Vitamin E.** Research has shown that natural source d-Alpha Vitamin E delivers **twice** the bioavailability of dl-Alpha, the synthetic form of Vitamin E. This product contains 100% d-Alpha Vitamin E from natural food sources combined with d-Gamma, d-Beta and d-Delta tocopherols, the rest of the Vitamin E family.

**Distributed by:**  
**Vitamin Shoppe, Inc.**  
Secaucus, NJ 07094  
Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com)  
or call 1-800-223-1216  
for more information  
and to reorder.



learn more at  
[vsquality.net](http://vsquality.net)

Item No. VS-1029

1035336

