

Many people have difficulty digesting meals containing dairy, resulting in discomforts like occasional gas and bloating. This may occur due to the body's deficiency of enzymes that break down dairy.

**Lacto™** contains lactase and eight other enzymes that work synergistically to digest dairy sugars, proteins and fats.\* Complete dairy digestion may naturally reduce discomforts which are common to lactose and casein intolerance.\*

**Recommended Use:** 1 capsule with each meal containing dairy. More may be taken as needed.

**Thera-blend™** enzymes are comprised of multiple variants which are blended to work synergistically throughout the broad pH range of the human body.

**NO FILLERS ADDED  
MADE IN USA WITH GLOBAL  
INGREDIENTS**

Rev #24121.3

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Non  
GMO**

**ENZYMEDICA®**  
— The Enzyme Experts —



**DIGESTIVE**

**Lacto™**



**#1 SELLING  
ENZYME  
BRAND**

**Most Advanced Dairy Digestion Formula\***

- Optimized support for lactose and casein intolerance\*
- Breaks down entire meal\*

**90  
CAPSULES**

Dietary Supplement **Vegan & Kosher**

**Supplement Facts**

Serving Size: 1 Capsule  
Servings Per Container: 90

Amount Per Serving	%DV
Lactase	9,500 ALU **
Amylase <i>Thera-blend™</i>	7,500 DU **
Protease <i>Thera-blend™</i>	25,000 HUT **
Glucoamylase	25 AGU **
Maltase	350 DP° **
Lipase <i>Thera-blend™</i>	686 FIP **
Cellulase <i>Thera-blend™</i>	300 CU **
Alpha Galactosidase	50 GalU **
Invertase	76 SU **

\*\* Daily Value (DV) not established

**OTHER INGREDIENTS:** 100% Vegetarian capsule (cellulose, water)  
**CONTAINS NO:** Gluten, milk, casein, soy, egg, artificial colors or flavors

Manufactured by Enzymedica, Inc.  
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Toll-free: 1-888-918-1118 | enzymedica.com

Do not use if safety seal is broken or missing.  
Keep closed in dry place; avoid excessive heat.  
PLEASE KEEP OUT OF REACH OF CHILDREN



#K1840