

SUPPLEMENT FACTS FOR A.M.Serving Size: Three Capsules
Servings Per Container: 30

| Three Capsules Contain: | | %DV |
|--|----------|---------|
| Vitamin A (450 mcg from Beta Carotene and 600 mcg as Palmitate) | 1.05 mg | 117% |
| Vitamin C (as Ascorbic Acid) | 250 mg | 278% |
| Vitamin D (as Vitamin D3) (2,000 IU) | 50 mcg | 250% |
| Vitamin E (as d-Alpha Tocopheryl Acid Succinate) | 13.5 mg | 90% |
| Vitamin K (100 mcg as Vitamin K1 and 100 mcg as Vitamin K2 as MK-4) | 200 mcg | 167% |
| Thiamin (as Thiamin HCl) | 50 mg | 4,167% |
| Riboflavin (as Riboflavin 5'-Phosphate Sodium) | 12 mg | 923% |
| Niacin (as Nicotinamide) | 60 mg | 375% |
| Vitamin B6 (as Pyridoxal 5'-Phosphate) | 20 mg | 1,176% |
| Folate (600 mcg as L-5-Methyltetrahydrofolate* from L-5-Methyltetrahydrofolate, Glucosamine Salt) | 1 mg DFE | 250% |
| Vitamin B12 (as Methylcobalamin) | 600 mcg | 25,000% |
| Biotin | 500 mcg | 1,667% |
| Pantothenic Acid (as Calcium Pantothenate) | 45 mg | 900% |
| Choline (as Choline Citrate) | 18 mg | 3% |
| Calcium (as TRACS® Calcium Bisglycinate Chelate, Dicalcium Phosphate, Calcium Lactate, Calcium Pantothenate)†† | 75 mg | 6% |
| Iodine (as Potassium Iodide) | 75 mcg | 50% |
| Magnesium (as TRACS® Magnesium Bisglycinate Chelate)†† | 63 mg | 15% |
| Zinc (as TRACS® Zinc Bisglycinate Chelate)†† | 10 mg | 91% |
| Selenium (as L-Selenomethionine) | 100 mcg | 182% |
| Copper (as TRACS® Copper Bisglycinate Chelate)†† | 750 mcg | 83% |
| Manganese (as TRACS® Manganese Bisglycinate Chelate)†† | 1.5 mg | 65% |
| Chromium (as TRACS® Chromium Nicotinate Glycinate Chelate)†† | 200 mcg | 571% |
| Curcumin Phytosome††† (Curcuma longa extract (root) / Phospholipid complex from Sunflower) | 200 mg | ** |
| Green Tea Phytosome††† (Camellia sinensis extract (leaf) decaffeinated / Phospholipid complex from Sunflower) | 75 mg | ** |
| δ-Gamma Tocopherol (from Mixed Tocopherols) | 24 mg | ** |
| Boron (as Bororganic™ Boron Glycinate Complex)†††† | 1 mg | ** |
| Lutein (from Aetec Marigold extract (flower) (Tagetes erecta)) | 300 mcg | ** |

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Dicalcium Phosphate.

Gamma tocopherol does not have a recognized IU equivalent.

† This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolate, Glucosamine Salt (Quabrelo®), Quabrelo is a registered trademark of Gnosis S.p.A. †† This product uses Abion's TRACS® Calcium Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, and Zinc Bisglycinate Chelate. TRACS is a registered trademark of Abion International, Inc. ††† This product uses curcumin phytosome (Meriso®) and green tea phytosome (Greenselect®). Meriso and Greenselect are registered trademarks of Ideno S.p.A. †††† This product uses Abion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Abion International, Inc. ††††† This product uses Abion's DimaCal® Dicalcium Malate. DimaCal is a registered trademark of Abion International, Inc. †††††† This product uses Abion's D-Magnesium Malate. Abion is a registered trademark of Abion International, Inc.

‡ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUPPLEMENT FACTS FOR P.M.Serving Size: Three Capsules
Servings Per Container: 30

| Three Capsules Contain: | | %DV |
|---|-------------|--------|
| Vitamin A (90 mcg from Beta Carotene and 120 mcg as Palmitate) | 210 mcg | 23% |
| Vitamin C (as Ascorbic Acid) | 150 mg | 167% |
| Vitamin D (as Vitamin D3) (500 IU) | 12.5 mcg | 63% |
| Vitamin E (as d-Alpha Tocopheryl Acid Succinate) | 13.5 mg | 90% |
| Vitamin K (100 mcg as Vitamin K1 and 100 mcg as Vitamin K2 as MK-4) | 200 mcg | 167% |
| Folate (400 mcg as L-5-Methyltetrahydrofolate* from L-5-Methyltetrahydrofolate, Glucosamine Salt) | 667 mcg DFE | 167% |
| Biotin | 500 mcg | 1,667% |
| Choline (as Choline Citrate) | 36 mg | 7% |
| Calcium (as DimaCal® Dicalcium Malate, Calcium Lactate, Dicalcium Phosphate)††††† | 85 mg | 7% |
| Iodine (as Potassium Iodide) | 75 mcg | 50% |
| Magnesium (as Abion® D-Magnesium Malate)†††††† | 187 mg | 25% |
| Zinc (as TRACS® Zinc Bisglycinate Chelate)†† | 20 mg | 182% |
| Selenium (as L-Selenomethionine) | 100 mcg | 182% |
| Copper (as TRACS® Copper Bisglycinate Chelate)†† | 750 mcg | 83% |
| Manganese (as TRACS® Manganese Bisglycinate Chelate)†† | 1.5 mg | 65% |
| Chromium (as TRACS® Chromium Nicotinate Glycinate Chelate)†† | 200 mcg | 571% |
| Proprietary Blend | 200 mg | ** |
| Magnolia extract (bark) (Magnolia officinalis) | ** | ** |
| Phellodendron extract (bark) (Phellodendron aurense) | ** | ** |
| δ-Gamma Tocopherol (from Mixed Tocopherols) | 24 mg | ** |
| Boron (as Bororganic™ Boron Glycinate Complex)††††† | 2 mg | ** |
| Lutein (from Aetec Marigold extract (flower) (Tagetes erecta)) | 300 mcg | ** |

**Daily Value (DV) not established.

Other Ingredients: Calcium Lactate, Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Dicalcium Phosphate, Silicon Dioxide.



Foundational



Sports Performance†

SUGGESTED USE: Take 3 capsules of the A.M. formula in the morning and 3 capsules of the P.M. formula in the evening daily with a meal or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottles are sealed. Store bottles tightly sealed in a cool, dry place.

WARNING: If pregnant, nursing or trying to conceive, do not use this product.



EXCLUSIVE

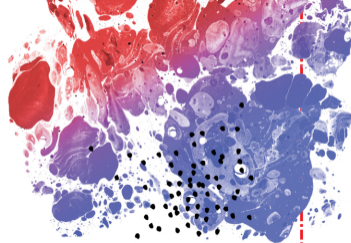


CERTIFIED SPORT



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