

CAUTION: Do not use if pregnant or breastfeeding. If you are on medication, are planning a medical or surgical procedure, or have existing medical conditions, consult a healthcare professional before use. Not suitable for anyone under the age of 18 years old.

‡For occasional sleeplessness. Seek advice from your healthcare professional if you are experiencing long-term sleep difficulties. Avoid alcohol and do not drive or operate machinery while taking melatonin.

KEEP OUT OF REACH OF CHILDREN.

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing. Store in a cool, dry place with lid tightly closed.

SHODEN® is a registered trademark of Arjuna Natural Pvt. Ltd



★ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



SLEEP & STRESS SUPPORT*

neuriva®

SLEEP PLUS

SHODEN® Ashwagandha, L-Theanine & Melatonin

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BENEFITS

- HELPS YOU:**
- Relax from everyday stress*
 - Fall asleep faster*
 - Improve sleep quality*
 - Wake up feeling recharged*

58 CAPSULES

TAKE 2 AT NIGHT ‡

DIETARY SUPPLEMENT

DIRECTIONS: Adults 18 years and older, take two (2) capsules, 30 to 60 minutes before bedtime.

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 29		
	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	3%*
Ashwagandha Extract (<i>Withania somnifera</i>) (roots and leaves) (35% withanolide glycosides)	120 mg	†
L-theanine	200 mg	†
Melatonin	1 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: microcrystalline cellulose, hypromellose, magnesium stearate, silicon dioxide

Distributed by:
RB Health (US) LLC
Parsippany, NJ 07054-0224

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1-800-526-6251
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