

TRADITIONAL SLEEP AID*

At Nature's Way®, we believe in quality you can trust. So, we start by sourcing botanicals from the places they grow best. Then we use three distinct levels of scientific testing methods to ensure ingredients meet our uncompromising standards.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



SKULLCAP — HERB —

TRADITIONAL SLEEP AID*



100 VEGAN CAPSULES | 850 MG per Serving

DIETARY SUPPLEMENT

◆ LG16900.C02 BLK8280C



Recommendation: Take 2 capsules daily. **Warning:** Do not use this product if you are pregnant or nursing. Do not use alcohol while using this product as it has sedative properties. Do not operate heavy equipment while using this product. If you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules

Servings per Container 50

Amount per Serving	% DV
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Skullcap (stem, leaf, flower)	850 mg**
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**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, silica

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, or artificial colors, flavors, or preservatives.

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