

Supports Liver Function*

Supports detoxification pathways*

- With milk thistle seed extract standardized to 80% silymarin
- Milk thistle has been used for over 2,000 years
- Also contains blessed thistle powder

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

©2023 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

◆ LH62400.B01 BLK8029B



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

MILK THISTLE

Supports Liver Function
& Detox Pathways*

80% Silymarin

PLANT
POWERED

60 VEGAN CAPSULES - DIETARY SUPPLEMENT



Recommendation: Adults take 1 capsule three times daily with food or water. **Caution:** Individuals with allergies to plants of the *Asteraceae (Compositae)* family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Milk Thistle (seed) Extract standardized to 80% silymarin (140 mg)	175 mg**
Blessed Thistle (stem, leaf, flower)	120 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose

GLUTEN FREE. No salt, wheat, corn, soy, dairy, gelatin, or artificial colors, flavors, or preservatives.