

# Get the Most from Your Multi

Plant-based pectin gummies with 16 vitamins and minerals



With a Superfood Antioxidant<sup>‡</sup> powder blend (50 mg per 2-gummy serving)



Full B-vitamin complex to support energy metabolism\*



Supports hair, skin, and nails, and immune, heart, and muscle function\*



Mixed berry flavored

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

**FREE FROM** gluten, wheat, egg, peanut, dairy, and gelatin.

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA  
Questions? 1-800-962-8873 / [naturesway.com](https://www.naturesway.com)

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**BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC**

**NEW &  
IMPROVED**

Nature's  
Way

# Alive!

## WOMEN'S GUMMY MULTIVITAMIN

WITH  
**SUPERFOOD  
ANTIOXIDANTS<sup>‡</sup>**

†10 mg polyphenols per  
2-gummy serving

**60 GUMMIES - MULTIVITAMIN SUPPLEMENT**

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Recommendation:** Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts		Amount per Serving	% DV†
Serving Size 2 Gummies		Vitamin B12 (as cyanocobalamin)	3.6 mcg 150%
Servings per Container 30		Biotin	37.5 mcg 125%
Amount per Serving		Amount per Serving	% DV†
Calories	20	Pantothenic Acid (as D-calcium pantothenate)	1.3 mg 26%
Total Carbohydrate	5 g 2%†	Calcium (as tribasic calcium phosphate)	100 mg 8%
Total Sugars	4 g **	Phosphorus (as tribasic calcium phosphate)	45 mg 4%
Includes 4 g Added Sugars	8%†	Iodine (as potassium iodide)	150 mcg 100%
Vitamin A (as 80% retinyl palmitate, 20% beta-carotene)	450 mcg 50%	Zinc (as zinc citrate)	1.9 mg 17%
Vitamin C (ascorbic acid)	30 mg 33%	Sodium	20 mg 1%
Vitamin D3 (as cholecalciferol)	40 mcg 200%	Superfood Antioxidant <sup>‡</sup> Powder Blend with 10 mg Polyphenols: Carrot, Pomegranate Extract, Blueberry, Spinach, Apple Extract	50 mg **
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%	Boron (as sodium borate)	150 mcg **
Thiamin (as thiamin HCl)	0.3 mg 25%	Inositol	40 mcg **
Riboflavin	0.325 mg 25%		
Niacin (as niacinamide)	4 mg 25%		
Vitamin B6 (as pyridoxine HCl)	2.6 mg 153%		
Folate	400 mcg DFE 100% (240 mcg Folic Acid)		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, natural flavors, citric acid, sodium citrate, vegetable and fruit juice colors