

Other ingredients: fructose, sorbitol, natural flavors, magnesium stearate, citric acid, turmeric color, vegetable juice color, malic acid, silica, gelatin

FREE FROM gluten, wheat, and dairy.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Aquamín® is a registered trademark of Marigot Limited. Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / naturesway.com

◆ LH15786.E01 BLK8727E BLK8728E



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
Alive!
CHEWABLE MULTIVITAMIN
Supports Bone, Eye & Immune Health*
KiDS
Orchard Fruits™ & Garden Veggies™ Powder Blend (150 mg per 2 tablets)
Orange & Berry Fruit Flavored
120 CHEWABLE TABLETS - MULTIVITAMIN SUPPLEMENT

Amount per Serving	Ages 2-3 Yrs % DV†	Ages 4+ Yrs % DV†
Manganese (as manganese sulfate)	1.15 mg 96%	2.3 mg 100%
Molybdenum (as sodium molybdate)	22.5 mcg 132%	45 mcg 100%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Pomegranate, Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato	75 mg **	150 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	15 mg **	30 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Values are based on a 1,000 calorie diet.
***Daily Value not established.

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Recommendation: Not for children under 2 years of age due to choking hazard. Children 2-3 years of age, chew 1 tablet daily. Children 4 years of age and older, chew 2 tablets daily. Take preferably with food. Instruct child to chew tablets thoroughly before swallowing. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Serving Size Servings per Container	1 Tablet 120		2 Tablets 60	
	Amount per Serving	Ages 2-3 Yrs % DV†	Ages 4+ Yrs % DV†	
Calories	5		10	
Total Carbohydrate	1 g	1%‡	3 g	1%‡
Total Sugars	1 g	**	2 g	**
Includes Added Sugars	<1 g	4%‡	2 g	4%‡
Vitamin A (as 75% retinyl acetate, 25% beta-carotene)	450 mcg	150%	900 mcg	100%
Vitamin C (ascorbic acid)	90 mg	600%	180 mg	200%
Vitamin D3 (as cholecalciferol)	15 mcg	100%	30 mcg	150%
Vitamin E (as d-alpha tocopheryl succinate)	7.5 mg	125%	15 mg	100%
Thiamin (as thiamin mononitrate)	1.2 mg	240%	2.4 mg	200%
Riboflavin	1.3 mg	260%	2.6 mg	200%
Niacin (as niacinamide)	5.75 mg	96%	11.5 mg	72%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	340%	3.4 mg	200%
Folate	200 mcg DFE 133% (208 mcg Quatrefolic® brand (5S)-methyl-tetrahydrofolate glucosamine salt)	400 mcg DFE 100%	418 mcg Quatrefolic® brand (5S)-methyl-tetrahydrofolate glucosamine salt)	100%
Vitamin B12 (as methylcobalamin)	1.5 mcg	167%	3 mcg	125%
Biotin	5 mcg	63%	10 mcg	33%
Pantothenic Acid (as D-calcium pantothenate)	3.75 mg	188%	7.5 mg	150%
Choline (as choline bitartrate)	5.5 mg	3%	11 mg	2%

Amount per Serving	Ages 2-3 Yrs % DV†	Ages 4+ Yrs % DV†
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant])	19.5 mg 3%	39 mg 3%
Iron (as ferrous fumarate)	2.5 mg 36%	5 mg 28%
Iodine (as potassium iodide)	75 mcg 83%	150 mcg 100%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium oxide)	6.3 mg 8%	12.6 mg 3%
Zinc (as zinc citrate)	1.8 mg 60%	3.6 mg 33%
Manganese (as manganese sulfate)	1.15 mg 96%	2.3 mg 100%
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LH15786-E01
0 33 67 74 15 78 6 2
BLK8727E BLK8728E

Balanced to Support Growth & Development*

With 20 vitamins and minerals

Full B-vitamin complex helps convert food to fuel*

High potency vitamins C and D for immune support*

Excellent source of iron and zinc, essential minerals for kids

Yummy chewables suitable for ages 2+

Explore more products at NATURESWAY.COM

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