



VEGAN



GLUTEN FREE



NON-GMO



DAIRY FREE

**Suggested Use:** Adults take 1 softgel daily with food, or as recommended by your healthcare provider. Discontinue use 2 weeks prior to surgery. <sup>o</sup>

**CAUTION:** As with any dietary supplement, you should consult your healthcare provider before use, especially if pregnant, nursing, have a medical condition, taking medications, or have known adverse reactions or allergies.

### GET MORE SUNSHINE (+K) IN YOUR LIFE

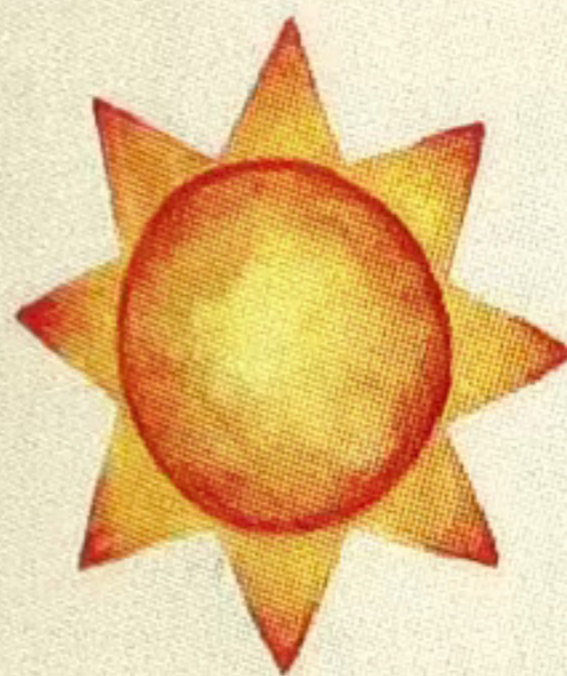
Vitamin D is essential for healthy bones and teeth, muscle function, and immune support. Known as the "sunshine vitamin," it is naturally synthesized when unprotected skin is exposed to UVB sunlight. Lack of sun exposure can increase risk of deficiency, but supplementation can help.\*

Vitamin K2 promotes heart health by preventing calcium buildup in the blood vessels, and its antioxidant properties help protect cells from free radical damage.\* It also supports energy production.\*

To learn more about NatureWise Vitamin D3 + K2 and our other great products, please visit us at [naturewise.com](http://naturewise.com).

# naturewise®

## VEGAN VITAMIN D3+K2 125 mcg D3 + 100 mcg K2



Essential for Bone Health\*

Provides Immune Support\*

Promotes Healthy  
Muscle Function\*

Supports Calcium Uptake  
& Bone Mineralization\*

60 VEGAN SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegan Softgel  
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin D3 Vegan (VegaD3Light™ Vegan Vitamin D3 Oil) (As Cholecalciferol from Lichen)	125 mcg (5,000 IU)	625%
Vitamin K2 (as Menaquinone VitaMK7®)	100 mcg	83%

**Other Ingredients:** Organic Extra Virgin Olive Oil, Modified Tapioca Starchgel™ (cassave root), Glycerin, Purified Water.

**This Product Does Not Contain:** Gluten, dairy, egg, tree nuts, peanuts, fish, soy, shellfish, wheat, yeast, fillers, or binders.

**Warning:** Contains Vitamin K2. **Warfarin Statement:** Do not use with Warfarin (coumadin) unless under the care of a physician

VitaMK7® is a trademark of Gnosis. VegaD3Light™ is a trademark of Barrington Nutritionals. Starchgel™ is a trademark of Hunan Er Kang Pharmaceutical LLC

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE. <sup>o</sup> NatureWise Vitamin D3 + K2 should always be taken in conjunction with a healthy diet and regular exercise program.

