

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate – one of the most advanced forms currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor. Now with choline, an essential nutrient that is needed to form acetylcholine, an important neurotransmitter.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

- YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
- YES CERTIFIED VEGAN BY THE AVA
- YES RECYCLABLE PACKAGING
- YES MANUFACTURING SUPPORTS WIND POWER
- YES KOSHER

- NO YEAST, WHEAT OR SOY
- NO MILK, SUGAR OR PRESERVATIVES
- NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
- NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Lot No:

20M630A
12/23

Best by:



Dietary Supplement: **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country[®]
Life**

NOW WITH
CHOLINE

COENZYME B-COMPLEX

Certified Gluten-Free

- ▶ With L-5-Methyltetrahydrofolate
- ▶ Supports energy & healthy cognitive function**
- ▶ Supports metabolism of fats and cholesterol**

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Thiamin (vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	50 mg	4,167%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg	3,846%
Niacin (as inositol hexaniacinate)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine <i>alpha</i> -ketoglutarate hydrochloride)	50 mg	2,941%
Folate (from 1,228 mcg L-5-Methyltetrahydrofolate - calcium salt)	667 mcg DFE	167%
Vitamin B12 (as dibenzoyl, methylcobalamin)	500 mcg	20,833%
Biotin (as d-Biotin)	200 mcg	667%
Pantothenic Acid (as calcium d-pantothenate, pantethine)	50 mg	1,000%
Choline (as choline bitartrate)	55 mg	10%
PABA (<i>para</i> -aminobenzoic acid)	50 mg	*
Inositol (from 130 mg inositol hexaniacinate)	27 mg	*
<i>alpha</i> -Lipoic Acid	100 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Manufactured by Country Life, LLC
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