

One softgel of our vegan D3 contains 5,000 I.U. of sustainably harvested vitamin D3 in a healthy base of MCTs.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES CERTIFIED GLUTEN-FREE

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS WIND POWER

NO

NO

NO

NO

NO

YEAST, WHEAT OR SOY

MILK, SALT OR SUGAR

PRESERVATIVES

ARTIFICIAL COLORS

OR FLAVORS

MAGNESIUM STEARATE

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Lot No: 23B004A

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Best by:



CONTAINS VITASHINE D3

ESTABLISHED

1971

Country Life

CERTIFIED

VEGAN D3

125 mcg (5,000 I.U.)

Certified Gluten-Free

100% plant-derived D3

Promotes bone and immune health\*

Supports brain and cognitive health\*

Dietary Supplement: 30 Vegan Softgels

Our PLEDGE of INTEGRITY - AUTHENTICITY • CLEANLINESS • FRESHNESS CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel daily with food or as directed by your healthcare provider. As a reminder, discuss the supplements and medications that you take with your health care providers. Do not exceed the recommended dose.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin D (D3) (as cholecalciferol - from Lichen)	125 mcg (5,000 I.U.)	625%

Other Ingredients: Sunflower oil, vegan capsule (non-GMO corn starch, carrageenan, glycerin, sorbitol, purified water), medium chain triglycerides (MCT). CAUTION: For adults only. Do not take if pregnant or lactating. Do not exceed recommended dose. Large doses of vitamin D may have adverse effects. If any adverse reactions occur, stop taking product and consult a doctor. If planning surgery, taking medication or have a medical condition, consult a doctor before using this product. If taking more than 4,000 I.U. Vitamin D daily, Vitamin D blood level monitoring is recommended. Do not accept if seal is broken. Store between 59° - 86°F. Keep out of the reach of children.

MADE IN THE USA WITH GLOBALLY SOURCED INGREDIENTS  
Manufactured for Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com • Product No. 5820