

R-alpha lipoic acid is an antioxidant that protects against free radicals.** It has been heat stabilized.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES	NON-GMO VERIFIED BY TRUE NORTH	NO	YEAST, CORN OR WHEAT
YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	SOY, MILK OR SUGAR
YES	CERTIFIED VEGAN BY THE AVA	NO	PRESERVATIVES
YES	RECYCLABLE PACKAGING	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	MANUFACTURING SUPPORTS WIND POWER		
YES	KOSHER-PARVE		
YES	CERTIFIED HALAL BY IFANCA		

Lot No:

20K814A

10/23

Best by:



ESTABLISHED
- 1971 -

**Country[®]
Life**

R-LIPOIC ACID

100 mg

Certified Gluten-Free

- ▶ Heat Stable R-Lipoic Acid
- ▶ Protects against free radicals**



Dietary Supplement : **60** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
R-alpha Lipoic Acid (thioctic acid)	100 mg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), magnesium stearate, stearic acid, silica.

CAUTION: Not for use by pregnant or nursing women. If you are diabetic, hypoglycemic, taking medication, planning surgery, or have a medical condition, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.
This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1653