

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving **% Daily Value**

Vitamin C (from 100 mg ascorbyl palmitate) 42 mg 47%

Pregnenolone 30 mg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), stearic acid, magnesium stearate, silica.

WARNING: NOT FOR USE BY PERSONS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING OR IF YOU ARE A WOMAN OF CHILDBEARING AGE.

Consult a physician or licensed qualified health care professional before using this product, if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low 'good' cholesterol (HDL), are under medical care, are a woman under the age of 40, have or are at risk for a health or medical condition, or if you are using any other dietary supplement, prescription drug or over-the-counter drug (medications) or planning surgery. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, oily skin, hair loss, hair growth on the face (in women), increased perspiration, aggressiveness, irritability and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN.** To report any adverse events call 1-800-332-1088.

Do not accept if seal is broken.

Store in a dry place between 59°-86° F.

Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway
Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1705

Lot No:

20G539A

08/23

Best by:

Pregnenolone plays a supporting role in the production of hormones.**
This product has been manufactured at a GMP Registered facility.

YES CERTIFIED VEGAN BY THE AVA
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST OR WHEAT
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS
NO GMOs



**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**Country[®]
Life**

PREGNENOLONE

30 mg

Certified Gluten-Free

► Supports the production of hormones**

Dietary Supplement

60 Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

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